

Causes and effects

Date: _____

I. Match the causes with the everyday problems (a-e).

- | | |
|---|----------------------------|
| a) Break-up with the girlfriend. | 1. () Domestic violence. |
| b) Eating too much and inactivity. | 2. () Depression. |
| c) Jealousy, envy, disagreements, anger and financial issues in a domestic setting. | 3. () Obesity. |
| d) The abuser comes from dysfunctional families (parents' divorce). | 4. () Distracted driving. |
| e) Texting and driving. | 5. () Bullying. |

II. Match the effects with the everyday problems (1-5).

- | | |
|--|------------------------------|
| 1. Sleep disturbances, eye fatigue, headache, depression, anxiety, relationship problems, neck problems and car accidents. | a. () Obesity. |
| 2. Low self-esteem, unhealthy dieting habits, eating disorders (anorexia and bulimia) and self-harming behaviors. | b. () Cell phone addiction. |
| 3. Bruises, involuntary shaking, depression, low self-esteem, drug abuse, etc. | c. () Negative body image. |
| 4. Diseases, infections, water and soil pollution and pests like rats. | d. () Obesity. |
| 5. High blood pressure, diabetes, kidney disease, amputations, etc. | e. () Littering. |

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