

Clauses of reason 1

Date: _____

I. Read the text and answer the questions.



Do you ever wish you could change something about your body?

Unfortunately, most people are dissatisfied with their bodies. Some people assume there is something wrong with their bodies when they cannot fit into some "standards". This problem is called body dysmorphic disorder (BDD).

People with BDD have a persistent preoccupation with a certain part of the body and tend to avoid social situation for fear that others may see their imperfection and then ridicule and reject them. BDD increases loneliness, anxiety and depression. People with BDD constantly compare their body to others and it can contribute to the development of eating disorders.

1. What is the best title for the text above? _____
2. Who is the text written for? _____
3. Why do people with BDD need help? _____

II. Match the main clause on the left-hand side with the subordinate clause on the right-hand side, so that the sentence makes sense.

- | | |
|---|--|
| 1. The girl compares her body | a) () because of an eating disorder. |
| 2. Her mom started jogging every day | b) () because she feels insecure, envious and unhappy with her life. |
| 3. Do not let your health deteriorate | c) () since she needed to lose weight. |
| 4. She and her mom bought black clothes | d) () as they wanted to look thinner and slimmer. |

III. Complete the following sentences using: because, because of, as or since.

1. She avoids social situations _____ she doesn't want to be rejected.
2. She lost weight _____ a low-calorie diet.
3. She got sick _____ she started eating less.
4. Her parents are worried _____ she looks thin.
5. Food is avoided _____ fear of gaining weight.

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