

Pop Quiz - 2nd Grade Unit 1 (PSA)

Name: _____ Group: _____ No. _____

Read the text and circle the correct answer.

Most people feel sad or depressed at times. It's normal reaction to ③ a loss, life's struggles or problems. But when intense sadness lasts for long period of time, it may be something more than sadness.

Depression is a common but serious mood disorder. It causes severe symptoms that affect how you feel, think, and handle daily activities, such as sleeping, eating, or working.

19 millions of adults in America are experienced depression. ④ And the 16% of those people, commit suicide. In the last 45 years suicide rates have increased by 65% worldwide. Mental health disorders are associated with more than 90% of all cases of suicide.

Depression symptoms can include feeling sad, ① changes in appetite, trouble sleeping or sleeping to much, fatigue, feeling guilty, and thoughts of death.

⑤ Depression, even the most severe cases, can be treated. ② Please call 800-435-TALK if you or someone you know is expressing suicidal thoughts or intentions.

1. The number ① are...
a) causes b) effects c) solutions
2. The number ② is...
a) an action b) a number c) a warning
3. The number ③ are...
a) effects b) feelings c) causes
4. The number ④ is...
a) a purpose b) a lie c) a statistic
5. The number ⑤ is the...
a) body b) conclusion c) introduction

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