

Pleasant or unpleasant emotions *Date:* _____

Write "P" for pleasant or "U" for unpleasant.

1. Happy _____
2. Excited _____
3. Angry _____
4. Calm _____
5. Scared _____
6. Frustrated _____
7. Sad _____
8. Peaceful _____
9. Fascinated _____
10. Confused _____

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