

Secondary school
Second Grade – Unit 1
Public Service Announcement

Exercises for the students

Achievement 1: Identify everyday problems and their causes and effects

Exercise 3: Effects

Match the effects with the everyday problems

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| 1. Low self-esteem, unhealthy dieting habits, eating disorders (anorexia and bulimia) and self-harming behaviors. | a. () Obesity |
| 2. Bruises, involuntary shaking, depression, low self-esteem, drug abuse, etc. | b. () Cell phone addiction |
| 3. Diseases, infections, water and soil pollution and pests like rats. | c. () Littering |
| 4. Sleep disturbances, eye fatigue, headache, depression, anxiety, relationship problems, neck problems and car accidents. | d. () Domestic violence |
| 5. High blood pressure, diabetes, kidney disease, amputations, etc. | e. () Negative body image |